

ST. PAUL CATHOLIC HIGH SCHOOL SUMMER PROGRAMS



St. Paul Catholic High School Summer Programs bring current students and local community students together for activities, learning, fun and skill building.

From studio art and STEM programs to eight athletic offerings, there's something for everyone!



St. Paul Catholic High School
1001 Stafford Ave. Bristol



Register here
spchs.com/summerprograms



Academic Programs

Studio Art Clinic

June 24 - June 28

9:00 AM – Noon

Entering Grades 6-8

\$100

At St. Paul Summer Art Studio clinic, art teacher Mr. Mazzarella will help young artists build a solid foundation learning a variety of techniques while being introduced to new concepts and inspiration. Our program supports and develops real progress by equipping students with the tools they need to become the artists they want to be. If you are new to painting, this class will serve as a great introduction to each of the different painting mediums: Acrylic, Watercolor, Oil Pastels. All three paint mediums have very different application processes and elements that achieve very different results. Capacity: 15

Falcon STEM Academy

August 12 - 15

9:00 AM- 11:30 AM

Entering Grades 5-8

\$100

St. Paul STEM teachers will introduce students to the fundamentals of mechanical engineering and computer programming. Students will learn the amazing possibilities of simple machines and fundamental mechanical concepts such as levers, gears and linkages, using kinetic sculptures, interactive computer software, and hands-on activities. Then, using a visual programming environment that makes learning the basics of programming enjoyable and fun, students will create their own interactive stories, games, and animations. No experience is required. Capacity: 20



860.584.0911 www.spchs.com

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Athletic Programs

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Lady Falcons Basketball **June 24 - 27** **9:00 AM - Noon** **Entering Grades 4-9** **\$100**

St. Paul Girls Head Basketball Coach, Joe Mone aims to create a fun, yet productive learning environment. Our clinic specializes in training girls in the fundamentals of basketball. The Lady Falcons Clinic was founded with the idea of giving girls a special place to learn all facets of the game of basketball. Focus is put on ball handling, passing, and shooting skills. Activities include station work, games, competitions and drills. Please add t-shirt size to the registration.

Boys Lacrosse Clinic **June 26 - June 28** **4:30 PM - 6:00 PM** **Entering Grades 4-9** **\$75**

The St. Paul Falcon Lacrosse Clinic will be led by St. Paul Head Lacrosse Coach Byron Catroppa, members of his staff and current and past St. Paul lacrosse players. The focus of this high energized lacrosse clinic will teach lacrosse techniques in stickwork, shooting, dodging, lacrosse IQ, and proper lacrosse fundamentals/mechanics for all positions. Beginner level through experienced level players welcomed!

Falcon Baseball Clinic **July 8 and 9** **1:00 PM - 4:00 PM** **Entering Grades 4-9** **\$50**

The St. Paul Falcon Baseball Clinic will be led by St. Paul Head Baseball Coach Vic Rinaldi, members of his staff and current and past St. Paul players. The focus of the clinic will be teaching techniques in pitching, hitting, fielding, base running and proper throwing mechanics for all positions.

Falcon Football Clinic **July 8- 11** **9:00 AM - Noon** **Entering Grades 5-9** **\$100**

The St. Paul Falcon Football Clinic led by St. Paul Head Football Coach Tony Mazzarella '73, members of his staff and some of his players, will provide athletes with the opportunity to improve and learn fundamental football skills. This is a "non-contact" clinic that will focus on technique, competition and football conditioning. Please add t-shirt size to the registration.

Girls Lacrosse Clinic **July 11 - 13** **10:00 AM - Noon** **Entering Grades 4-9** **\$100**

St. Paul Girls Lacrosse Coach Casey Cyr aims to provide a fun learning environment for new and returning girls lacrosse players. Come spend some time learning the basics of cradling, ground balls, shooting, passing and warm up drills. Whether you are trying out the sport for the first time or looking for some off season practice, we would love to have you.

Lady Falcon Softball Clinic **July 15 - 17** **8:30 AM - Noon** **Entering Grades 4-9** **\$75**

Long time St. Paul Softball Head Coach Gary Hovhanessian, current St. Paul student athletes and former St. Paul collegiate players look to create a fun and fundamental based softball clinic. The focus of the clinic will be to enhance the basic skills of fielding & hitting while fine tuning the nuances of the game such as bunting, base running, slapping and basic pitching concepts.

Girls Volleyball Clinic **July 15 - 18** **9:00 AM - Noon** **Entering Grades 4-9** **\$100**

St. Paul Volleyball Coaches Riley Maloney and Julie Lindquist, along with current SPVB team members will conduct this clinic to help young athletes develop their volleyball skills/knowledge as well as their love of the game. This clinic will focus on improving participants' passing, serving, setting, and hitting skills. Athletes will participate in fundamental-based drills and real game situations, allowing them to practice communication, teamwork, and aggressiveness.

Shoot for Success Boys Basketball **July 22 - 25** **8:45 AM - 11:45 AM** **Entering Grades 4-9** **\$100**

Under the direction of St. Paul Boys Head Basketball Coach, Steve Phelps, our program helps children gain an improved positive attitude, a greater appreciation for good moral values, and a better understanding of the keys that will lead to their own success. The players will experience various stations, specializing in fundamental skills and the team concept of basketball. Groups are small to assure that each player will receive personalized instruction from our outstanding coaches. Please add t-shirt size to the registration.

Boys & Girls Soccer Clinic **July 29 - August 1** **5:00 PM - 7:00 PM** **Entering Grades 4-9** **\$75**

St. Paul Soccer Coach, Joe Campos and his staff consisting of former college players will run a camp with the focus on preparation for the upcoming season. Key aspects of the program will aim to improve: shooting, dribbling, passing and foot skill. During the camp we will have a goalkeeper trainer as well as a strength and fitness coach. The program is open to all male and female players looking to elevate their talents on the pitch. Please include t-shirt size with registration.