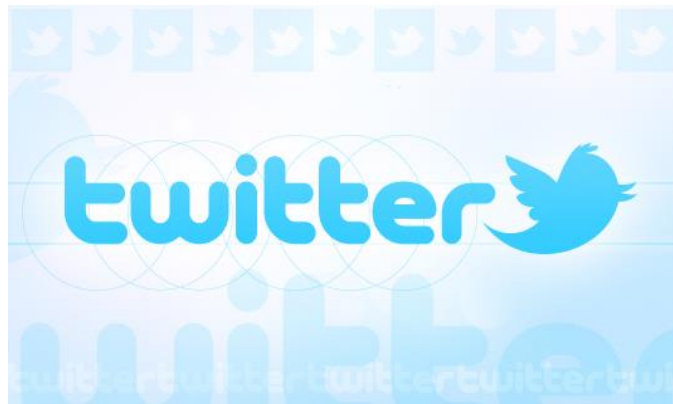


# St. Paul Catholic High School



# Communication & Athletic Info



# St. Paul School Website

- You can check game schedules & bus times on the SP school website which is linked to the CIAC website.
- <https://spchs.com/athletics/>
- Changes to practice schedules are announced through internal school communication (PA system and postings on TV's throughout the school), so encourage your children to look, listen and communicate with you.



# Mobile Access to Athletic Info.

***CAIC App:*** ciacmobile.com



# Mobile Access to Athletic Info.



- You will find Arbiter Sports in your App Store
- Mark St. Paul Catholic as a favorite and it will pull up all St. Paul Schedules



**A reminder that all games in the Rev. Brian Monnerat Gymnasium and on McPhee Field are broadcasted live on the NFHS Network.**

**See the Athletic Section of the school website for details.**

# CIAC & SP Rules & Regulations

## - **Be familiar with CIAC rules and regulations**

**Examples:** rules about playing on a non-school team during the school year, college showcases, etc...

When in doubt ask your Coach or the Athletic Director.

## - **St. Paul Student Handbook**

Academic requirements, eligibility, & Student Athlete expectations.

# Student Athlete Care

- Athletic Training Solutions:

Not always trainers at other schools / away games

- Baseline:

Concussion Testing / Options



- Injury Reports: School insurance acts as a secondary insurance. If your child's injury requires medical attention and you think you need to open a claim with the secondary coverage please contact us if you have not received an injury report within 2 weeks of the injury.



# Academic Requirements for College Bound Athlete (Div. 1 or 2)

- [NCAA Clearinghouse](#) & Academic Eligibility.
- [CorecourseGPA.com](#) – [website](#)  
ID: 070082  
School Code: 700298950
- If this is something that is a goal for your child be sure they check in with their guidance counselor and get registered ASAP.

# **Expectations of the SP Athletic Dept.**

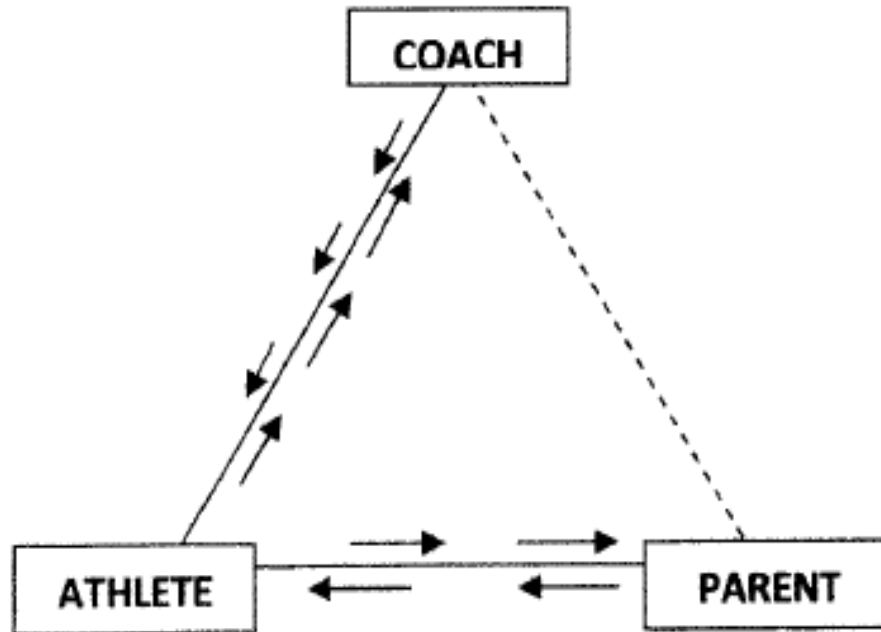
- We want students to use athletics at St. Paul to serve as a vehicle to make healthy life decisions.
- All student athletes will sign a team drug, alcohol, & vaping contract that also includes language about bullying and appropriate social media use.

# Sportsmanship

- We hold our students to a high standard **and** need **YOUR** help in modeling those behaviors!!!!!!!
- Last year our athletic participation rate was over 75% of the entire student body.
- If as a community everyone involved is not working toward the same goal - ***To Be A Truly Great Catholic High School*** - it will be difficult to achieve.

# Tips for Parenting Your Student Athlete

## The Communication Triangle



- Encourage your child to discuss issues / concerns with their coaches then report back to you. If you feel the issue has still not been resolved then you can reach out to your coach.
- Parent Athlete Video - CAAD – Video [Clip](#) – **please review video**

# Sportsmanship Expectations for St. Paul Parents / Fans

- Help to creating a welcoming environment @ SP.
- **Model sportsmanship when at home & away games!** Parents are most at fault with their treatment of officials.
- **Officials** – I understand that officials do not always make the right call but please keep in mind that we need them in order to play our games. There is a **MAJOR** shortage of officials in CT & regardless of the job that you think an official is doing it does no one any good to challenge them.



St. Paul Catholic HS is part of the Class Act Program

The **CIAC's Class Act Schools** initiative is designed to empower schools and particularly students to take ownership for all issues related to sportsmanship within the athletics department. Doing so includes striving to follow an established set of guidelines for behavior at sporting events, and creating a student-led group to monitor and address sportsmanship concerns within the school.

*St. Paul was awarded the Michaels Cup in 2018-19 which recognizes exemplary Athletic Programs in the state. One of the main criteria now includes the Class Act Program.*

# UNDERSTANDING CONCUSSIONS

- During the 2014 Legislative session the Connecticut General Assembly passed Public Act No. 14-66. That act, entitled "***An Act Concerning Youth Athletics and Concussions***" which create a law to education High School Coaches, Parents and Students.
- Concussion Education and Consent Form & now the Cardiac Arrest Education and Consent Form
- [Concussion Education Video](#) – Please review video

# School Policy on Concussions

- Whenever a student is diagnosed with a concussion, the school must be notified in the form of a Dr's note (or other certified medical personnel) - it should be delivered directly to the health office (not a coach).
- Any accommodations that need to be made with regards to academics should be communicated in the medical note.
- When a student has been medically cleared by a doctor to resume normal activities, a new doctor's note needs to be provided to the health office.
- **Return to play protocol** – once medical clearance is provided then a return to play protocol process is initiated
- If you have questions about medical referrals contact me



# St. Paul Athletic Requirements

- **Updated Physical Form** – handed into the school nurse. It is valid for 13 months.
- Each Season of Participation – **1.) St. Paul Athletic Permission Form, 2.) Concussion Consent Form, & 3.) Cardiac Arrest Consent Form** – These are electronic forms to be processed on the St. Paul School website prior to the start the season.
- **Travel Release Form** – if not traveling home with team it must be filled out ahead of time and turned in to the coach of athletic office
- **Baseline Concussion Tests** on File @ SP. These tests get updated every 2 years.
  - All of these forms can be found on our school website

# Athletic Department Contact Info

- Contact info: David Dennehy
- [ddennehy@spchs.com](mailto:ddennehy@spchs.com) / Cell#: 860-806-0709
  
- Assistant Athletic Director – Mike Madden
- [mmadden@spchs.com](mailto:mmadden@spchs.com)