



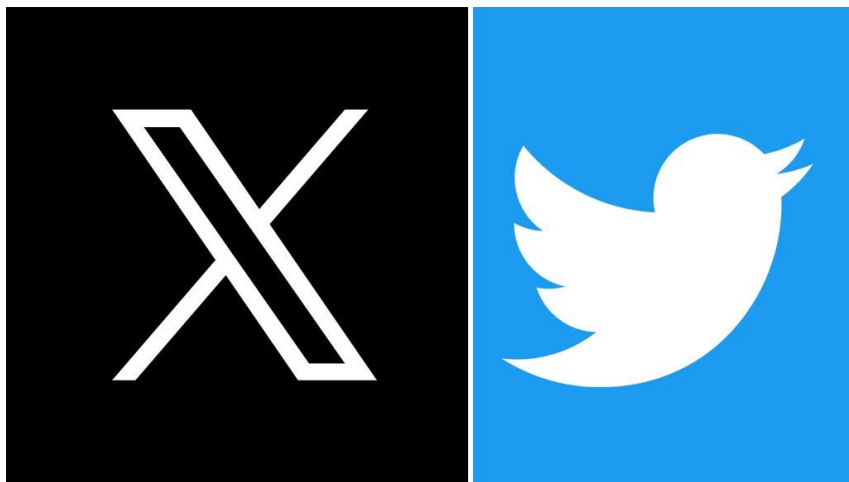
ST. PAUL
FALCONS

Communication & Athletic Info



X - @stpaulfalcons

Instagram - spchsathletics



St. Paul School Website – Sports Schedules

You can check game schedules & bus times on the St. Paul website.

* [Click](#) - Sports Calendar in the Athletic Section for SP sports information. **St. Paul Athletic Home Page** & access to **CIAC**

- Changes to practice schedules are announced through internal school communication and team communication processes so encourage your children to look, listen and **communicate with you!**
- All fall teams are currently using the [Band App](#) for their team communication. This App is meant to help keep everyone in the know and should be a one way follow of info.

CIAC & SP Rules & Regulations

- Be familiar with CIAC rules and regulations

Examples: rules about playing on a non-school team during the school year, participating in outside events, college showcases, etc....

When in doubt, ask your Coach and/or the Athletic Department.

- St. Paul Student Handbook

Academic requirements, eligibility, tardy policy, & student athlete expectations.

Student Athlete Care

- Athletic Training Solutions Inc.:

Not always trainers at other schools / away games

- Baseline:

Baseline Concussion Testing



- Injury Reports: We have a secondary insurance plan in place if needed above and beyond your own coverage. If your child's injury requires medical attention and you think you need to open a claim for secondary coverage please contact us.

Academic Requirements for College Bound Athletes (Div. 1 or 2)

- **NCAA Clearinghouse** & Academic Eligibility.
- If this is something that is a goal for your child be sure they check in with Ms. Owsianko or Mrs. Vassiliou to be sure their course schedule meets Clearinghouse requirements.

Expectations of the SP Athletic Dept.

- We want students to use athletics at St. Paul to serve as a vehicle to make healthy life decisions.
- All student athletes will sign a team drug, alcohol, & vaping contract that also includes language about bullying and appropriate social media use.

Sportsmanship Expectations @ St. Paul

- It is our goal to hold our students & student athletes to a high standard and need **YOUR** help in modeling those behaviors!!!
- Last year our athletic participation rate was over 70% of the entire student body.
- We all need to be working together to achieve our goal - ***To Be A Truly Great Catholic High School.***

Sportsmanship Expectations for St. Paul Parents

- Please help us to create a welcoming environment @ SP.
- **Model sportsmanship when at home & away games!**
Parents are often most at fault with the poor treatment of officials.
- **Officials** – I understand that officials do not always make the right call but please keep in mind that we need them to play our games. There is a **MAJOR** shortage of officials in CT & regardless of the job that you think an official is doing it does no one any good to challenge them. If something needs to be addressed, it will be done by a coach or the athletic department.
- Athletic Dept. - *** **Parent Code of Conduct*****

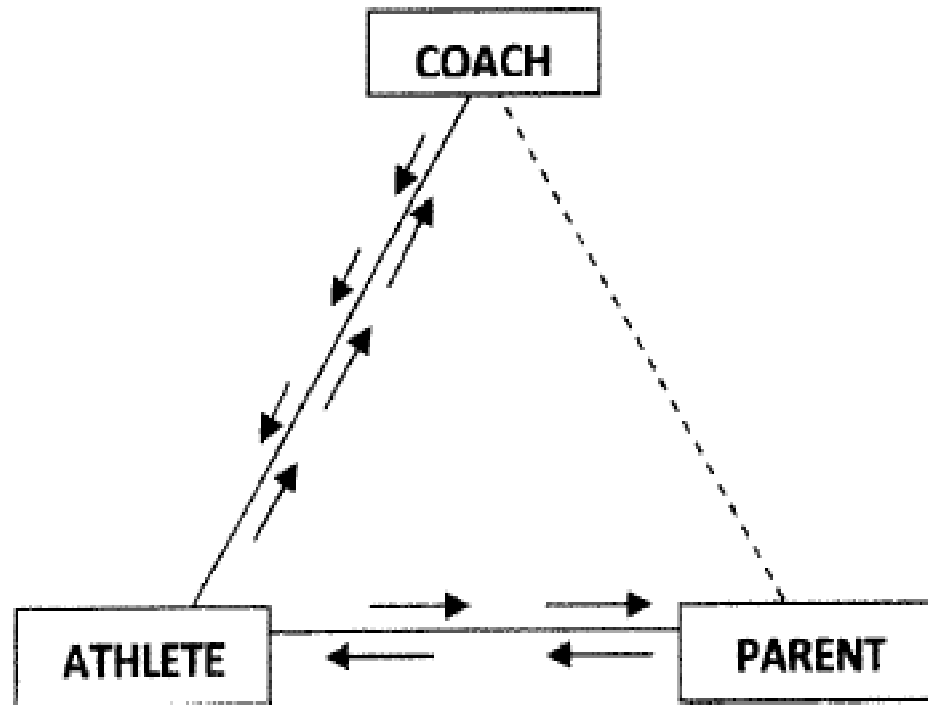


The CIAC's ***Class Act Schools*** initiative is designed to empower schools and particularly students to take ownership for all issues related to sportsmanship within the athletics department. The Class Act Program strives to follow an established set of guidelines for behavior at sporting events and will create a student-led group to monitor and address sportsmanship concerns within the school.

A number of times in the past few years St. Paul has been recognized as a **Michaels Cup Award Winner** - which recognizes exemplary Athletic Programs and their involvement in the Class Act Program.

Tips for Parenting Your Student Athlete

The Communication Triangle



- Encourage your child to discuss issues / concerns with their coaches then report back to you. If you feel the issue has still not been resolved, then you can reach out to your coach or the athletic dept. **24 Hour Rule**
- Parent Athlete Video - CAAD – **Video Clip**

UNDERSTANDING CONCUSSIONS

- During the 2014 Legislative session the Connecticut General Assembly passed Public Act No. 14-66. That act, entitled "***An Act Concerning Youth Athletics and Concussions***" which create a law to education High School Coaches, Parents and Students.
- Concussion Education and Consent Forms / part of your sports paperwork for each season.
- Concussion Education Video

School Policy on Concussions

- Whenever a student is diagnosed with a concussion, the school must be notified in the form of a Dr's note (or other certified medical personnel) - it should be delivered directly to the health office not a coach.
- Any accommodations that need to be made with regards to academics should be communicated in the medical note. When a student has been medically cleared by a doctor to resume normal activities an updated doctor's note needs to be provided.
- **Return to play protocol** – once medical clearance is provided then a return to play protocol will be initiated (6 to 7 days process). These protocols work.
- If you have questions about medical referral contact me.

St. Paul Athletic Requirements

- **Updated Physical Form** – handed into the school nurse. It is valid for 13 months.
- Each Season of Participation – **1.) St. Paul Athletic Permission Form, 2.) Concussion Consent Form, 3.) Cardiac Arrest Consent Form, 4.) Heat Awareness Consent Form, 5.) Mental Health Consent Form** – These are electronic forms to be processed on the St. Paul School website *prior to the start of each season*. **5.) Parent Code of Conduct** – a hard copy will be sent home with your child to be signed
- **Baseline Concussion Tests** on File @ SP.
- **Travel Release Form** – if a student athlete is not traveling home with team this form must be filled out ahead of time and turned into the coach or athletic dept. This document can be found under resources in Athletic section of the school website.

Athletic Department Presentation

- This presentation is posted on the school website for you to reference.
- Thank you for your partnership. It is our goal to create the best experience possible for your children and your partnership is a vital part of the process.

Athletic Department Contact Info

- Athletic Director - David Dennehy
 - ddennehy@spchs.com
 - (860) 584 – 0911, Ext 432
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- Assistant Athletic Director – Mike Madden
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