

## WHAT SCHOOL COUNSELORS DO: COLLEGE AND CAREER PLANNING

- Coordinate career panels and guest speakers
- Host college representative visits
- Individual family and student junior college planning meetings
- Assist students in the college and career search
- Host a college representative panel for parents to ask questions about the college process
- Host a Financial Planning Night
- Provide access to scholarships and enrichment activities
- Coordinate PSAT, SAT, ACT and Advanced Placement Exams
- Coordinate school transcripts, letters of recommendations, and the school profile to send to colleges

## WHAT SCHOOL COUNSELORS DO: ACADEMIC DEVELOPMENT

- Individual course planning with students
- Help students discover study skills and strategies
- Encourage goal setting and problem-solving skills
- Collaborate with the student's family, teachers, and community resources for academic achievement

### *How to meet with your School Counselor*

- STOP IN AND SAY HELLO
- GRADE LEVEL SMALL GROUPS
- SEND US AN EMAIL
- IF A TEACHER, PARENT, OR FRIEND REACHES OUT TO US
- SEE US WHEN WE ARE IN THE CAFE



## WHAT SCHOOL COUNSELORS DO: PERSONAL, SOCIAL, AND EMOTIONAL DEVELOPMENT

- Meet with Freshmen on a monthly basis to check in and help with the transition to high school
- Develop stress reduction and coping skills
- Individual counseling as needed for each student
- Assist students and families in transitions

# MISSION STATEMENT

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SPCHS counselors will utilize a comprehensive school counseling program to reach all students. Counselors will support, connect, educate, and advocate for students through collaboration with educators, administration, families, and the community to develop postsecondary and career goals, a service mindset, personal and social growth, and personal responsibility for their education and spiritual development. Student support and academic interventions will be addressed holistically and collaboratively with families, community resources, and/or administration and educators to help students reach their personal best.



## CONTACT

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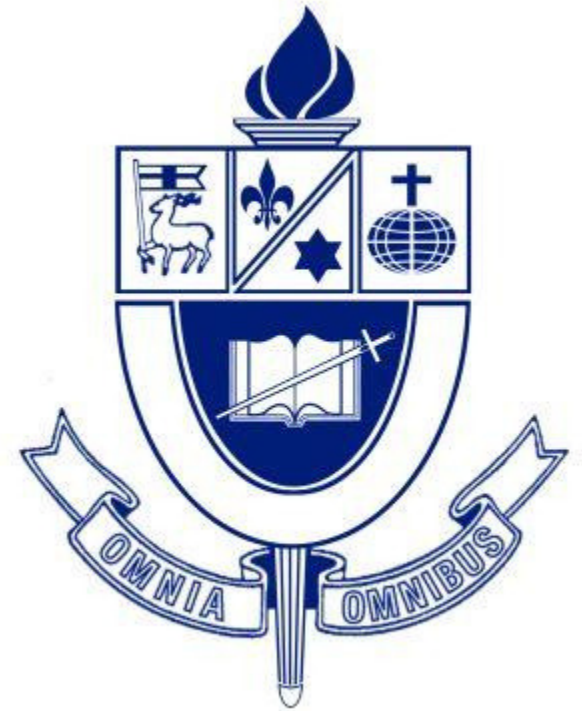
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ST. PAUL CATHOLIC  
HIGH SCHOOL

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**SCHOOL  
COUNSELING  
DEPARTMENT**